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INDUSTRY LEADERS of Arizona



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ST. LUKE'S BEHAVIORAL HEALTH CENTER

With more than 45 years of experience and dedication to mental health care, St. Luke's Behavioral Health Center provides both psychiatric and substance abuse services. With 124 licensed beds, the center offers a wide variety of inpatient and outpatient treatments for children, adolescents, adults and seniors. The experts at St. Luke's Behavioral Health Center include a wide variety of specialists, including licensed psychiatrists, psychiatric nurse practitioners, licensed masters-level counselors/social workers, mental health technicians, occupational therapists, recreational therapists, registered nurses, case managers and nutritionists.



SIERRA TUCSON

Known for treating individuals suffering from alcoholism, drug addiction, depression, anxiety, trauma, complicated pain, and disordered eating, Sierra Tucson also provides a multitude of specialty programs. From supporting individuals affected by suicide, to those suffering from PTSD, Sierra Tucson individualizes care using a foundation that uncovers the underlying issues that cause such personal struggles. Additional programs support first responders, active military and veterans with PTSD. Known as the "Red, White, and Blue Program," it is led by a veteran and retired Navy commander, who truly understands the lingering emotional and traumatic scars of war and traumatic experiences.



SONORA BEHAVIORAL HEALTH HOSPITAL

Sonora Behavioral Health provides programs for children ages 5-11 suffering from mental health issues, chemical dependence or dual diagnosis, especially important with younger suicides on the rise. Sonora recently opened its renovated 22-bed outreach center with an activities therapy room, outdoor basketball court and play area to treat ages 12-17 needing psychiatric stabilization, bringing its total beds for adolescents to 65. Providing short-term intensive treatment and medication management from master's level clinicians, Sonora also treats adults. In the past two years, Sonora has seen patient growth of nearly 48 percent.



SOUTHWEST BEHAVIORAL & HEALTH SERVICES

Incorporated in 1974 as a 501(c)3 nonprofit, Southwest Behavioral & Health Services is a leader in the development and delivery of services in the areas of housing, residential care, prevention services, outpatient services to children, incarcerated persons and dually diagnosed adults. An innovative leader in behavioral health, services are client directed-outcome informed, evidence-based and include treatment of co-occurring disorders, the FAST model in prevention services, the Arizona Treatment Initiative for children and families, and the Recovery Model for persons with serious mental illness.



2019 Behavioral Healthcare Organizations of the Year



AURORA BEHAVIORAL HEALTH SYSTEM

Aurora Behavioral Health System is Arizona's largest free-standing psychiatric hospital system with 238 beds within two facilities serving the entire State of Arizona. Aurora Behavioral Health System's Glendale hospital has 100 beds and its Tempe hospital has 138 beds. Both facilities pride themselves on having full-time internal medical doctors on staff in addition to board certified psychiatrists and addictionologists. As a leader in behavioral health treatment for more than 10 years, Aurora's leaders believe in individualizing treatment and healing the entire person – physically, psychologically and spiritually.