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Transitions

A Quarterly Newsletter from Southwest Behavioral & Health Services

QUARTER I 2018

QUARTER I ITEMS OF INTEREST:

- SB&H Promotions
- SB&H in the News
- SB&H promotes health & wellness hosting community event
- SB&H announcements
- SB&H Recovery College

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Southwest Behavioral & Health Services Promotes Steven Sheets to Senior Vice President of Maricopa County



Southwest Behavioral & Health Services is pleased to announce that Steven Sheets has been promoted to the position of senior vice president of Maricopa County. In his expanded role, Sheets will be responsible for providing administrative and clinical oversight of Maricopa and Gila counties' programs, partnering with system stakeholders and community partners, and developing and implementing programs to sustain and grow all of our programs within Maricopa and Gila counties.

"Steven has been with SB&H for five years and is an important part of our leadership team. With this expanded role as senior vice president, we know he will continue to be a huge asset to our organization by providing exceptional service and leadership to our clients and staff," said Jeff Jorde, SB&H president and CEO. "As we continue to expand our services his knowledge and experience will continue to be extremely valuable to SB&H."

Sheets earned his bachelor's degree from Grand Canyon University and his master's in professional counseling from Ottawa University. Prior to this promotion, Sheets served as the vice president of outpatient services, responsible for administrative and clinical oversight for Maricopa and Gila counties' outpatient clinics.

Southwest Behavioral & Health Services Promotes Lauren Lauder to Senior Vice President, Northern Arizona



Southwest Behavioral & Health Services is pleased to announce that Lauren Lauder has been promoted to senior vice president of northern Arizona. In her new role, Lauder will be responsible for overseeing operations for Coconino, Mohave and Yavapai Counties, developing new and innovative programs that enhance SB&H's delivery of integrated care and continuing to foster a healthy employment environment while providing care that meets community members' needs.

"During her time with SB&H, Lauren has been extremely successful in growing operations and developing a continuum of care that best serves the Northern Arizona community. Her promotion to senior vice president of northern Arizona was a natural fit and a testament to the amazing work she has done thus far," said Jeff Jorde, SB&H president and CEO.

Lauder earned her bachelor's degree from Northern Arizona University and her master's in social work from New Mexico Highlands University. Prior to this promotion, Lauder served as the vice president of northern Arizona at SB&H.

SB&H in the News *Lynda Riford*

SB&H Recognizes Steven Sheets for “Thirty-Something” Honor



Steven Sheets featured fifth from left

SB&H would like to recognize our own Steven Sheets, who was chosen as one of the business leaders highlighted in *AZ Big Media - Arizona Business Magazine's* “Thirty-Something” issue, featuring young business leaders who are all in their 30s and changing Arizona's business landscape. Having been promoted to VP Outpatient Services Maricopa County in May 2017, and then to Senior VP Maricopa County in November 2017, Steven's continued growth in his position and his dedication to both SB&H's staff and clients continue to inspire all with whom he comes into contact. We interviewed Steven to learn more about what motivates him about his

job, as well as outside causes and interests that he is passionate about:

1. **Year you started with SB&H:** January 2012 as an Intern in our Residential programs with Abra Arlinsky; July 2013 as a Children's Services Supervisor at Erickson Outpatient.
2. **Favorite Movie(s):** Braveheart, Gladiator.
3. **Best thing(s) about your job:** I enjoy talking about our vast array of services and quality provided services to health plans. The work done by our employees is outstanding. As an agency we not only meet people where they are, but we strive for the best possible outcomes. It is exciting to work for an agency that provides cutting edge services in a way that is flexible for people served. It is even more exciting to pitch these programs to health plans.
4. **Favorite memory of working at SB&H:** 1) Ribbon Cutting with Jeff Jorde at the Metro Outpatient Open House; 2) the Grand Opening of SACE; 3) internship and working toward my independent license with Abra Arlinsky and Dr. Lynette Livesay.
5. **Favorite food and favorite restaurant:** Pizza at Spinato's Pizzeria or a good Chicago Dog from Luke's in Phoenix.
6. **Local community cause(s) that matter to you and why:** Phoenix Rescue Mission – I enjoy partnering with and giving to this organization because their goal is to transform the lives of those in need; Young Life – I enjoy partnering with this organization as it offers a positive, fun, and safe environment for middle school kids, high school kids, and many more.
7. **Tell us something that would surprise us about you—a hidden talent, interesting hobby, et al:** I was Seymour in the musical “Little Shop of Horrors” when I was a Junior in High School. I enjoy playing guitar and going for a long run.

Congratulations on being recognized and honored as a “Thirty-Something” business Leader, Steven!

First Annual Cultural Diversity & Wellness Event of 2017

Nicole Hein

Sounds of celebration, laughter and fun were in the air as attendees at the Southwest Behavioral & Health Services First Annual Cultural Diversity & Wellness Event discovered what makes a person's culture and ideas of wellness. The October 28, 2017 event was a success, with a plethora of presentations on culture and healthy lifestyle. From yummy food trucks to live bands such as Ruder and the SB&H Trio, to a beautiful Classical Middle Eastern Indian dance performance by Nanda Datta from Arizona South Asians for Safe Families, guests were sure to find entertainment. Participants included an array of human-service agencies from the state of Arizona in an effort to promote a culture of connectedness, interaction, collaboration and celebration of differences within the human-services, medical professions and the community-at-large. The fun also included a bike raffle where two lucky guests won a bike from Target to benefit clients involved in the InSHAPE program, a new program at SB&H that helps consumers develop healthy lifestyles. In total, this raffle raised \$575 dollars. If you have interest in volunteering or hosting a table for the next annual event, please contact Cindy Webb at CindyW@sbhservices.org or Nicole Hein at Nicolehe@sbhservices.org.

Many thanks to the following agencies that hosted a table:

Aunt Rita's Foundation
Terros Health
PSA Art Awakenings
Arizona South Asians for Safe Families
Arizona Coalition to End Sexual and Domestic Violence (ACESDV)
MiKid
First Things First
Horses Help
Hospice of the Valley
Bikers Against Child Abuse (BACA)
Lutheran Social Services
AHCCCS
Recovery Empowerment Network (REN)
American Lung Association
Mad Greens

The following SB&H Sites:

Erickson
Broadway
Mesa
Metro
Buckeye
Payson
Buckeye School Based
SB&H Administration
CRU
The CRC Day Program & CRC sites
RTP
Community Youth Development
School and Community Based
Services



SB&H in the News Lynda Riford



Dominic Miller, LMSW, MPA, VP Outpatient Services Maricopa County

Dominic Miller has been promoted to vice president outpatient services, Maricopa County for Southwest Behavioral & Health Services. In his new role, Miller will be responsible for providing administrative and clinical oversight to outpatient clinics in Maricopa and Gila counties, partnering with stakeholders and community partners, and developing and implementing programs to sustain and grow outpatient services.

In addition, Miller will also serve SB&H as a clinician working with adults on Federal Probation and adults admitted to SB&H's Crisis Recovery Unit.

"Dominic has been with SB&H for a year serving as a clinical manager. I speak on everyone's behalf at SB&H when I say that he is an integral part of our team. This promotion is well-deserved and we know he will continue to help people within our community to discover their strengths and reach their true potential," said Steven Sheets, SB&H senior vice president, Maricopa County.

Miller earned his bachelor's degree in social work and two masters' degrees in social work and public administration from Arizona State University.

Tara Lurz, MSW, LCSW, VP Mohave County

Tara Lurz has been promoted to vice president, Mohave county with Southwest Behavioral & Health Services. In her new role, Lurz will be responsible for overseeing programs for all SB&H facilities in Mohave County, training and hiring new staff and oversight of client treatment and compliance. Office locations include Bullhead City, Kingman and Lake Havasu City.



"Tara has been with SB&H for five years and is an essential part of our Northern Arizona leadership team. In this new role, we know that she will continue to show her devotion to our clients and the staff across all of our SB&H locations in Mohave County," said Lauren Lauder, SB&H senior vice president, Northern Arizona.

Lurz, a Licensed Clinical Social Worker (LCSW), earned her bachelor's degree from the University of Maryland University College and her master's degree in social work from the University of Southern California. Lurz also served on the Veterans Court Treatment Model Presentation Panel at the National Association of Drug Court Professionals (NADCP) conference in Washington D.C. and is a member of the NASW.



If you have suggestions for future newsletter topics or would like to be added to our email list, please contact:

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Seeking Solutions, Creating Change

Our Mission:

**We Inspire People to Feel Better
And Reach Their Potential.
Through Helping People
Discover Their Strengths,
We Improve Our Communities.**

Transitions is published quarterly to keep the community informed about new developments at Southwest Behavioral & Health Services.

Don't forget to "like" us on Facebook, follow us on Twitter and LinkedIn and view us on YouTube!



SB&H Celebrates Recovery College



The first term of Recovery College was just successfully completed, with about 63 people graduating. The Recovery College consists of a rigorous training program to increase and enhance clinical skills. Special thanks to the following for their contributions to this initiative: Jeff Jorde for always supporting creative and innovative ideas for the betterment of SB&H; Dr. Bob Bohanske for always holding everyone to the highest clinical standards; Deborah Woodard for her support in the introduction and continuation of the Recovery College; Rita Martinez for her department's support to the program's success; Steven Sheets for participating in the first graduation event.

Abby's Place

SBH's Thrift Store

Hours: 9:30 a.m. to 4:30 p.m.
Monday-Friday

We gladly accept most items! To donate gently used items, bring them to the store or, to schedule a pick-up, call (602) 234-3338.

- Clothing
- Household Goods
- Home decorating items
- Jewelry
- Bedding

Ask about our amazing member discount!

Bring in this coupon to receive 20% off your purchase in our store!

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Interested in Being on the Board of Directors?

Are you, or is someone you know, interested in serving on the Board of Directors of Southwest Behavioral Health Services and making a difference in the community? Contact Jeff Jorde, President/CEO at jeffj@sbhservices.org.