

Recovery a hard journey from darkness into light

Your Turn

Paul Rubi
Guest columnist

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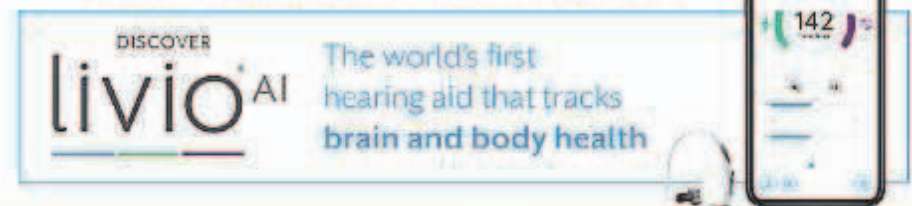
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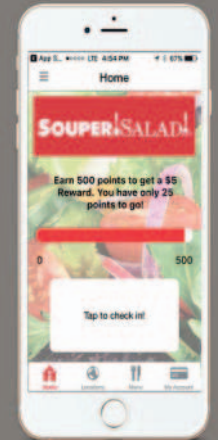
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Earning record is both your history and future



Social Security

Kimberly Yellow Robe
Guest columnist

Social Security is an earned benefit. Your earnings history is a record of your progress toward your benefits. Social Security keeps track of your earnings so we can pay you the benefits you've earned over your lifetime. This is why reviewing your Social Security earnings record is so important.

If an employer didn't properly report just one year of your work earnings to us, your future benefit payments from Social Security could be less than they should be. Over the course of a lifetime, that could cost you tens of thousands of dollars in retirement or other benefits to which you are entitled. Sooner is definitely better when it comes to identifying and reporting problems with your earnings record. As time passes, you may no longer have easy access to past tax documents and some employers may no longer exist or be able to provide past payroll information.

While it's the responsibility of your employers, both past and present, to provide accurate earnings information to Social Security so you get credit for the contributions you've made through payroll taxes, you should still inform us of any errors or omissions you find. You're the only person who can look at your lifetime earnings record and verify that it's complete and correct.

The easiest and most efficient way to validate your earnings record is to visit socialsecurity.gov/myaccount to set up or sign in to your own my Social Security account. You should carefully review each year of listed earnings and use your own records, such as W-2s and tax returns, to confirm them. Keep in mind that earnings from this year and last year may not be listed yet. Notify us right away if you spot errors by calling 1-800-772-1213.

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Kimberly Yellow Robe is the Social Security Administration's public-affairs specialist in Phoenix.

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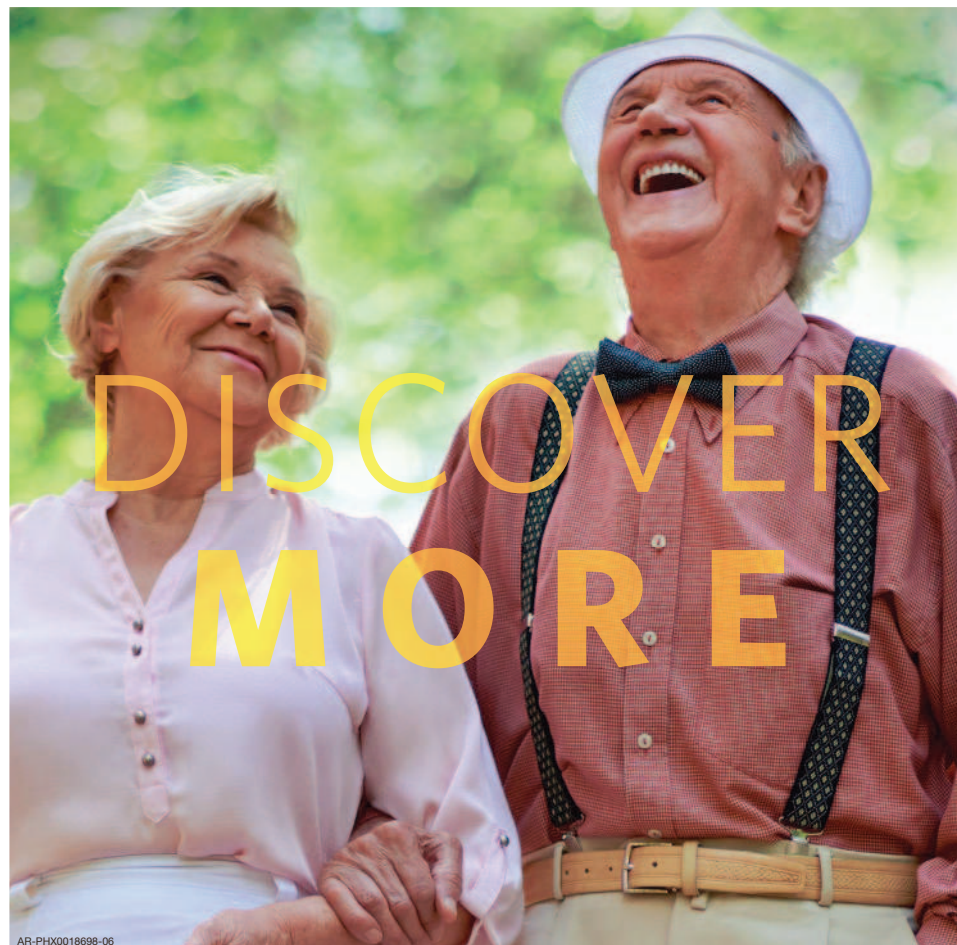
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Recovery a hard journey from darkness into light

Your Turn

Paul Rubi
Guest columnist

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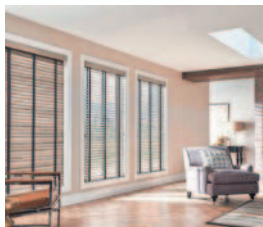
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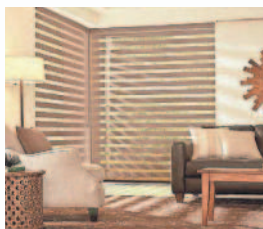
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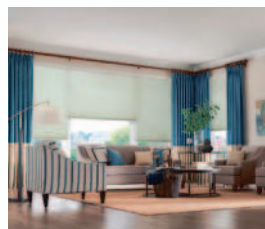
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CALENDAR

To list an event, go to <http://submit.azcentral.com>. Create a username and password, then log in and submit details on the event.

Wednesday

State Farm Stadium Tour: Discover why State Farm Stadium is recognized as one of the top multi-purpose sports & entertainment facilities in the country and a marvel of engineering, technology, and design. Guests are invited for a "behind the scenes" tour of the areas rarely seen by the public and some of the unique operational features of the only stadium in North America with a roll-out natural grass field and retractable roof. Wednesday, Sept. 11, through Saturday, Sept. 28. Call for times. State Farm Stadium, One Cardinals Dr., Glendale. \$7. 623-433-7101, www.statefarmstadium.com.

Teen Library Council: Our Teen Library Council is open to teens ages 12-18 and meets once a month to brainstorm new ideas, plan programs, and more! Help us plan the redecorating of the teen department! Sept. 18 through May 20. On Wednesdays from 6:00 pm to 7:00 pm. Glendale Public Library - Foothills Branch, 19055 N. 57th Ave., Glendale. Free. 623-930-3847.

Digital Help Spot: Bring your smartphone, tablet or eReader and join librarian Marlene Jacobson to learn how to get free downloadable eBooks, audiobooks and more. Wednesdays, 2-3 PM. Creative Space. Sept. 11 through Dec. 18. On Wednesdays from 2:00 pm to 3:00 pm. Glendale Public Library - Main Library, 5959 W. Brown St., Glendale. Free. 623-930-3589, www.glendaleaz.com/library.

Griefshare - Grief Recovery Support Group: GriefShare - Journey from mourning to joy is a nationally known support group for people grieving loss through death. Using a video featuring experts on grief, along with a workbook and group discussion we help each other sort through those erratic emotions and peaks and valleys. Each session is "self-contained" so you can attend any time you want and you do not have to attend in sequence. No matter when you begin, you will find encouragement. You do not have to be a member of or attend the church to

participate. Following is the repeating GriefShare meeting schedule: September 4 *Is This Normal?*, September 11 *Challenges of Grief*, September 18 *The Journey of Grief: Part One*, September 25 *The Journey of Grief: Part Two*, October 2 *Grief and Your Relationships*, October 9 *Why? October 16 Guilt and Anger*, October 23 *Complicating Factors*, October 30 *Surviving the Holidays (special)*, November 6 *Stuck*, November 13 *Lessons of Grief: Part One*, November 20 *Lessons of Grief: Part Two*, November 27 *Heaven*, December 4 *What Do I Live for Now?* December 11 *New Beginnings (no video)*, December 18 *New Beginnings (no video)*. Office closed for holidays December 25 & January 1. Sept. 11 through Dec. 18. On Wednesdays from 9:30 am to 11:30 am. Willowbrook United Methodist Church, 19390 N. 99th Ave., Sun City. Free admission. 623-974-5637, www.willowbrookumc.org.

Insight (Mindfulness) Meditation Group: Welcome! This is a group for anyone interested in learning and practicing meditation. Each session includes basic instruction and a silent 35-40 minute sit followed by a reading and discussion. We practice in the Western Buddhist Vipassana tradition, also known as insight or mindfulness meditation. Beginning and experienced practitioners are welcome. We meet on the 1st, 3rd and 5th Wednesdays of the month. For more information visit Insight Meditation Northwest Phoenix at meetup.com. Sept. 11 through Dec. 18. On Wednesdays from 5:30 pm to 6:30 pm. Unity Church of Surprise, 14495 W. RH Johnson Blvd., Sun City West. No cost to attend; donations grateful accepted. 623-521-2242.

Drop-In Tennis: Social round robin doubles. Men and women of all abilities welcome. Format is one set of regular scoring doubles, if players are sitting out, the losers rotate out so the new players can play. During the week we have 3 to 5 courts going, on the week-ends there 8 to 12 courts going. Cost is \$4 per person, play is 8:00am to 11:00am daily. Wednesday, Sept. 11, through Tuesday, Dec. 31. Call for times. Paseo Racquet Center, 6268 W.

Continued on Page 18