



**Southwest Behavioral & Health Services
Health Service Psychology Internship
2025 Match Program Brochure**

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AMERICAN
PSYCHOLOGICAL
ASSOCIATION

This internship
site agrees to abide by the APPIC policy that no person at
this training facility will solicit, accept, or use any
ranking-related information from any intern applicant.

Questions related to the program's accreditation status should be directed to:

Office of Program Consultation and Accreditation
American Psychological Association
750 First Street, NE
Washington, DC 20002-4242
Phone: 202-336-5979 Email: apaaccred@apa.org
Web: www.apa.org/ed/accreditation

Southwest Behavioral & Health Services
3450 N. Third Street
Phoenix, AZ 85012



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INTRODUCTION

Southwest Behavioral & Health Services (SB&H) is Arizona's largest provider of publicly funded behavioral health services. SB&H was established in 1969 as a federally funded program under a partnership known as St. Luke's-Jane Wayland Community Mental Health Center. In 1974, it was incorporated as a nonprofit organization known as Phoenix South. In 1995, the name officially changed to Southwest Behavioral Health Services when Phoenix South merged with Community Behavioral Health, thus making SB&H the largest community-based behavioral-health provider in Arizona. As the demand for mental health services increased, SB&H has grown into a region-wide provider of services with clinics and programs in Tempe, Mesa, Buckeye, Bullhead City, Kingman, Flagstaff, Prescott, Payson, and multiple sites in the Phoenix metropolitan area. In 2015, the organization underwent another name change, adding "&" between Behavioral and Health to reflect the developing focus on integrated care thus making the name Southwest Behavioral & Health Services. SB&H's range of services includes outpatient services for adults, adolescents, and children, community living programs, in-home services, substance abuse programs, school-based programs, prevention programs, and crisis recovery services. The Commission on Accreditation of Rehabilitation Facilities (CARF) accredits many of SB&H's programs.

In addition to being a comprehensive service provider, SB&H has been the recipient of numerous awards over the years. For five consecutive years, the organization has received the Platinum Award for the Healthy Arizona Worksites Program (HAWP) with the most recent award being in 2024. In 2018, SB&H received the Healthcare Leadership Award from AZ Business Magazine for Outstanding Achievement in Behavioral Health Management or Treatment. SB&H was also the recipient of the 2018 Healthy Arizona Worksites Gold Award honoring the company's worksite wellness program strategies. SB&H is honored to be included in Phoenix Business Journal's 2018 Healthiest Employers for Midsize Companies, thanks to our comprehensive corporate wellness program. In 2016, SB&H received the Psychologically Healthy Workplace Award from the Arizona Psychological Association and the Arizona Corporate Excellence Award for fastest-growing private company by the Phoenix Business Journal.

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Practitioner-Scholar Philosophy

Southwest Behavioral & Health Psychology Internship program embraces the philosophy of the Practitioner-Scholar model of training which grew out of the conference on Professional Training in Psychology held in Vail, CO in 1973. At the heart of this model is the development and honing of clinical skills required of professional psychologists, including clinical interviewing, member advocacy, treatment planning, and therapeutic interventions, as well as consultation, community outreach, and advancements in research and practice standards.

Internship Program

Internship is the year that bridges the space between being a student of psychology and being a professional psychologist. As such, the program is designed to meet the increasing skill level of the intern, approaching training and supervision from a developmental model. At the start of the internship, all interns will participate in the New Employee Orientation (NEO) to acclimate them to the agency. Clinical Week encompasses the second week of the internship year, training interns on various clinical activities such as the Initial Engagement Session, service planning, safety support planning and recovery-oriented/strength's based clinical work. The program is sequential, cumulative and graded in complexity. Thus, supervision in the initial months of internship is more directive, allowing interns to gain skills needed to be successful. Directive supervision, for example, may take the form of assisting interns understand clinical data to develop a service plan; it may take the form of recommending and modeling or teaching a specific intervention. As the intern gains confidence in clinical skills, supervision typically shifts to having the intern present cases and review the effectiveness of the intern's intervention strategies.



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All internship positions for the 2025-2026 training year begin Monday, August 18, 2025. The internship program consists of **2000 hours over 12 months** and encompasses training, group and individual supervision, and didactic experiences designed to meet the APA Standards of Accreditation, and Arizona licensure requirements. Licensure requirements vary from state-to-state, so prospective interns are encouraged to be knowledgeable regarding the requirements of other states. Interns are expected to make a full-time commitment to their training and respect the schedule they develop with their supervisor to ensure that they meet their training requirements of 2000 hours. The internship year is a rigorous experience and requires the intern to be fully present and open to all that the year offers in terms of skill development, training and supervision. As such, additional employment outside of the internship is highly discouraged as it contributes to burn out, reduces the opportunity for interns to engage in self-care, fosters difficulty for interns to fully commit to the internship training year, and at times it presents a conflict in priorities.

Please note that all internship positions are an “in person” experience. There are no work-from-home arrangements and no hybrid training experiences are offered. When telehealth is utilized, the intern conducts the session from the site/office. The only exception for a work-from-home or a hybrid schedule, is if an intern has a documented disability and the intern has had accommodations approved by participating in the formal process through the SB&H People Experience department. Accommodations are approved and are approved on a case-by-case basis. For more information, please contact Dr. Lynette Livesay at lynettel@sbhservices.org

INTERNSHIP POSITIONS

In all areas of service, SB&H supports the belief that all individuals possess personal strengths, interests, and desires, and are capable of live fulfilling and rewarding lives. Thus, SB&H embraces a strengths-based, recovery oriented, community-integrated approach to treatment.

Description of Internship Tracks

- ***Community Living Program (NMS #203516)***

The Community Living program offers the opportunity for interns to learn how to assist adults with behavioral health interventions in a variety of settings, in the greater Phoenix area. A key component of this placement is assisting adults with community integration and resolving behavioral issues so that individuals may gain greater community independence. Services are designed to build upon an individual's strengths, and provide community supports. Services are provided in the member's home, residential facilities, and the community. Interns will gain proficiency in working with voluntary and court ordered adults, addressing substance abuse issues, assessing and treating a variety of psychiatric symptoms, and navigating public health systems within Maricopa County to increase member supports and resources. As part of a multidisciplinary team, interns will engage in coordination of care, member advocacy, treatment planning and programming with an integrative approach. The intern may also have opportunities to provide input on program development and to facilitate training and supervision to direct care staff. Interns conduct intake assessments, provide individual counseling, facilitate groups, and participate in community-based activities.

- ***Inpatient Unit (NMS #203514)***

The inpatient units are 24-hour, Level One, secured facilities located in Phoenix, Arizona. Members admitted to the inpatient programs are typically considered a danger to self or others and are unable to function in the community. The interns provide behavioral health interventions for individuals experiencing a behavioral health crisis who require a structured, non-hospital setting. Services are designed to build upon the member's strengths while working to minimize escalation of behaviors that will lead to a more restrictive setting. Interns are part of a multidisciplinary team consisting



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of prescribers, nurses, and behavioral health technicians. Interns have opportunities to assess and treat adults manifesting a variety of psychiatric symptoms and diagnoses. Interns will gain proficiency in working with individuals as they work to resolve mental health crises and stabilize over a 3-5 day and/or 60-90 day period of time. Daily group and individual therapy sessions are facilitated by interns.

- **Outpatient Clinic**
Maricopa County, Arizona (NMS #203513)
Northern Arizona (NMS #203517)

The outpatient clinics serve members who reside in various urban and rural parts of Maricopa County, as well as in the northern Arizona region in Flagstaff, and Prescott Valley, Arizona. The clinics serve all age ranges of members from birth through adulthood. The intern provides comprehensive behavioral health services including Initial Engagement Sessions, individual counseling, family/couples counseling, and group counseling. Coordinating care with the member's primary care physician and other providers is essential and assists the intern in becoming adept at an integrated model of care. The intern works as part of a treatment team that includes the program director, case managers, clinicians, family coaches, and prescribers. Services are provided in both the outpatient clinic, telehealth, as well as the member's home, as needed. For the Flagstaff and Prescott Valley locations, the intern will have the opportunity to work in both the outpatient clinic, as well as the opioid replacement services clinic.

- **School and Community Based Counseling Services (NMS #203519)**

The School and Community-Based Counseling Services program provides comprehensive behavioral health services to youth and their families in school and community settings in the greater Phoenix area. All behavioral health services are developed in collaboration with the youth and family and are created to be flexible and adjustable as the youth and family progress and grow. The intern works collaboratively with school staff and families to provide not only individual, group, and family counseling, but helps identify supports needing to be developed and implemented in the home and school environment to help children reach their potential. As part the Child and Family Team (CFT) process, the intern meets with members on the child's clinical team to assess and monitor goals that drive the overall need for development. During school breaks, the intern will assist in facilitating groups and other mental health related activities on the school campus.

Contact hours

- **Direct Contact**

Over the course of the training year, interns will spend a minimum of 500 hours in direct contact with members. Interns typically earn more than the minimum requirement as there are many robust opportunities to have direct contact with members.

Direct contact takes the form of:

- performing Initial Engagement Sessions (IES)
- conducting individual, family, couples and group therapy, as well as providing case management services
- psychological testing and assessment
- formulating service plans and safety support plans with the member
- participating in treatment team meetings and case staffings with the member present

- **Indirect Contact**

Interns have duties requiring indirect contact hours. This time is divided between the supervision and didactic training portions of the internship (a total of six to eight hours per week) and meeting the administrative needs of working in a



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community-based mental health system. These include documenting treatment sessions and communications between treatment team members, completing discharge summaries, attending site staff meetings, supervision and didactic trainings.

CORE COMPETENCIES

The SB&H interns receive a wide range of training experiences over the course of the internship year. Through supervision, colloquia series, and training, interns will have ample opportunities to achieve the required profession-wide competencies outlined in the Standards of Accreditation for Health Service Psychology: (1) Research (2) Ethical and legal standards (3) Individual and cultural diversity (4) Professional values, attitudes, and behaviors (5) Communication and interpersonal skills (6) Assessment (7) Intervention (8) Supervision and (9) Consultation and inter-professional/interdisciplinary skills.

Evaluation of Competencies

It is expected that interns will improve their competencies over the course of their training year. The Primary Supervisors and Training Director are committed to assisting interns gain competencies needed to be successful psychologists. Throughout the year through group and individual supervision, the supervisors will informally assess interns' areas of competence and provide feedback as needed. Evaluation of intern performance will include live observation and/or review of audio/video recordings. Twice a year interns will receive a formal written evaluation of their competencies. A copy of this evaluation is sent to the intern's sponsoring graduate program.

Inclusivity, Diversity, Equity and Acceptance (IDEA) Committee Participation

As a means of encouraging and supporting social justice related work, each intern will participate on the SB&H Inclusivity, Diversity, Equity, and Acceptance (IDEA) Committee. This will include attending the monthly meeting for a specified number of months, and volunteering for one community service event. Past events have included the Missing & Murdered Indigenous People Awareness Day, the Rainbows Festival, Phoenix Pride Parade and Block Party, Arizona Two-Spirit Powwow, Community Connection Fair, Mask Alive Festival, NAMI Walks Valley of the Sun, and the Jesse Owens 5K Run/Walk.

Formal Case Presentation

Interns will prepare one formal case study which will be presented to the psychology training program during spring/summer colloquium. Interns will be expected to develop a case conceptualization based on a theory, present a video recording of a portion of a session, and discuss the interventions.

Psychology Presentation

In honor of demonstrating the intern's ability to critically evaluate research and independently disseminate research and other scholarly activities to others, all interns will prepare and present one formal training opportunity for SB&H staff. The presentation will be research-informed and be four hours in length. Interns may co-present with a peer. Past presentations have included topics of cultural diversity, however the intern may present on a topic of choice as long as it is in line with a public behavioral health/integrated care/recovery-oriented philosophy. Past topics are listed on page 13 of this brochure.

DIDACTIC TRAINING

Colloquium

The program requires interns to have a minimum of 100 hours of didactic training. Interns will earn some of these hours through Colloquium, which they must attend every Friday from 9-11am. Colloquium expands on and complements the



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interns' on-site learning experiences. Topics that are addressed include ethical and legal issues, clinical skills, treatment approaches, multicultural/diversity topics, self-care, and other special topics pertaining to psychologists.

Additional Training Seminars

Interns also have the opportunity to attend a few specialized trainings throughout the year. The offerings differ from year to year. Past selections have included Sand Tray, APA Substance Use Disorder Training, The Arizona State University Training Conference, as well as various cultural competency presentations and workshops offered within SB&H.

SUPERVISION

Supervision is integral to professional development. The interns receive multiple forms of supervision and training during their internship. Psychologists associated with the Training Institute and licensed to practice independently will provide a minimum of two hours of weekly individual supervision and two hours of weekly group supervision for each intern. During individual supervision, interns and the supervisor will review cases, treatment planning, intervention strategies, and other relevant issues. The supervisor will also review the intern's documentation of cases, and if necessary, advise the intern on appropriate conduct. The two hours of group supervision per week, facilitated by the Training Director, provides a forum for interns to present cases, discuss current research, and consult with the other interns. All weekly supervision activities take place in-person per Arizona Revised Statute 32-2071.

Evaluation Process

Interns will receive ongoing verbal feedback from their supervisors throughout their tenure at SB&H. Interns receive a formal written evaluation by their supervising psychologist of their professional development at the midpoint and endpoint of their internship year. Interns will be evaluated on their professional development, including adherence to ethical standards and legal professional guidelines, development of professional skills and competence, utilization of and approach to supervision, approach to professional growth, ability to function independently, and ability to manage time effectively. A copy of formal evaluations will be submitted to the Director of Training at the Intern's educational institution. Interns are also asked to evaluate the training program and their supervisor twice a year by submitting a written evaluation. Feedback from interns is used to make changes to the program that will enhance the internship experience for current and future interns.

Due Process, Appeal Process, and Grievance Procedure

SB&H holds a strong commitment to developing psychologists who demonstrate high levels of professionalism and clinical skills. Internship is a rigorous experience, which demands that interns continually apply themselves to all aspects of the professional development over an extended period of time. Interns are required to conduct themselves in an ethical, legal and appropriate manner at all times both while at work, and outside of work. Unprofessional conduct is behavior inconsistent with the identity of a professional psychologist, and will be addressed with an intern, should the issue arise over the course of the training year. At the beginning of the training year, all interns are provided with the written Due Process and Appeal Process which addresses the program's approach for dealing with intern unprofessional conduct and problematic behavior. Interns are also provided the written Grievance Procedure which is utilized when an intern has a complaint against the internship program.

CERTIFICATE OF INTERNSHIP COMPLETION

Upon completion of the training year, interns will be awarded a certificate from the SB&H Training Institute indicating the intern has satisfied all internship requirements. Interns must complete at least 2000 total internship hours, including at least 500 direct contact hours before being awarded a certificate of completion.



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FINANCIAL SUPPORT AND BENEFITS

Full-time interns receive an annual stipend of \$35,000.00 to be paid in increments every two weeks throughout their internship year. Health, vision and dental insurance plans are available to interns and these benefits go in to effect on October 1st of the training year. Eighty hours of Paid Time Off, and paid holidays are counted as compensated hours. No leave time will be granted during the last two weeks of the training year. Parental leave is offered in accordance with the APPIC Guidelines for Parental Leave During Internship and Postdoctoral Training document dated 10/1/2015. In cases where the intern has used all allotted Paid Time Off and an emergency or other extenuating circumstance arises requiring the intern to take additional time away from the program, that time will be unpaid and the intern will be required to extend the training year past the original end date to ensure the intern earns 2000 hours. Circumstances in which the intern is absent from internship for a significant amount of time over and above the allotted 80 hours, and aside from the need for parental leave, will be dealt with on a case by case basis.

APPLICATION INFORMATION

Eligibility

Doctoral psychology students in clinical, educational, school, or counseling psychology who have met their institution's requirements for internship are invited to apply to the SB&H Doctoral Internship in Psychology program. At a minimum, applicants will have completed 250 direct/face-to-face intervention hours, 50 direct/face-to-face assessment hours, and have completed at least two practica. Advanced practicum experience and experience in community mental health is highly preferred, though not required. Ideal applicants will indicate a strong desire to work in public behavioral health. The program is committed to recruiting and training interns who represent a variety of ethnic, racial, gender and personal backgrounds.

The Training Institute follows traditional psychology clinical preparation requirements. These are the standards required by APA as well as the State of Arizona Board of Psychology Examiners. Applicants are required to have completed an APA approved (or equivalent) course of study which covers the identified core competencies.

Application Process

Southwest Behavioral & Health Services is a member of Association of Psychology Postdoctoral and Internship Centers (APPIC), and participates in the National Match. Please see the APPIC website (<http://appic.org/>) for assistance with application submission.

The application deadline is Monday, November 11th, 2024. Applicants should specify in the cover letter their internship track preferences: Community Recovery Unit, Community Living Program, School and Community Based Counseling Services, and/or Outpatient Clinic (Maricopa County and/or Northern Arizona). More than one preference may be specified and ranked.

A complete application includes the following items:

1. The APPIC Application of Psychology Internship, provided by APPIC (www.appic.org), completed in its entirety, including the essays
2. Official transcripts of all graduate work
3. Three letters of recommendation from psychologists or other professionals familiar with the applicant and the applicant's work, utilizing the APPIC Standardized Reference Form



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4. One work sample is highly recommended as part of the application. Ideally, this would be an assessment report that addresses, at minimum, background information, current behavioral observations, results of a psychological test battery, and formulation of the case. Please protect anonymity of the member.

Notifications and Interviews

All applicants will be notified via email of their application status by Monday, November 18th, 2024. All applicants who have been selected to interview will be invited to attend various virtual open house meetings the week of December 9th, 2024 to learn more about the overall internship program as well as each specific track. All applicants who have been selected to interview will also be offered a virtual interview with two SB&H supervising psychologists, or a supervising psychologist and post-doctoral resident. Interviews are conducted using Teams or Zoom. No in-person interviews will be offered. For those applicants who do not have access to Teams or Zoom, a phone interview will be offered. Interviews will take place on Friday, January 10th, and Monday, January 13th, 2025. Interviews take approximately 30-45 minutes and each applicant is asked a standard set of questions.

Placement Screening Requirements

As a condition of becoming an intern and remaining an intern for the duration of the training year applicants must meet and adhere to certain background requirements. SB&H will perform a background investigation (which may include professional references, criminal history, civil history, sex offender search, social security number verification, education verification, OIG exclusionary clearance, driving history, vehicle insurance verification, drug screening test and TB test). The internship offer will be contingent upon completion of an eight-panel drug screen which consists of the following: Amphetamines, benzodiazepines, barbiturates, cocaine, methadone, opiates, phencyclidine (PCP) and propoxyphene. In addition, in case of reasonable suspicion, the company reserves the right to expand the list of drugs included in the screening process. Failure to submit a urine sample or if the analysis reveals the presence of drugs or other controlled substances, the opportunity to train as an intern at SB&H is immediately and wholly revoked. A fingerprint clearance card is also required.

Drug and Alcohol Company Policy

It is the policy of SB&H to maintain a drug-free and alcohol-free workplace so that staff may have safe, healthy and productive conditions in which to work, and to ensure its customers and members receive high quality services. The use, consumption, sale, purchase, possession, manufacture or distribution of illegal drugs and/or drug paraphernalia and/or marijuana and alcohol while at internship, while on SB&H property, while engaged in SB&H business or during hours of employment is strictly prohibited. Interns are further prohibited from being on SB&H property, reporting to work or working while under the influence or impaired by the use of drugs or alcohol.

Equal Opportunity Employer

SB&H is an equal opportunity employer. Selections for the internship positions are made without discrimination for any non-merit reason, including, but not limited to, age, race, color, religion, disabilities, national origin, political affiliation, gender, sexual orientation, and marital status. Reasonable accommodations in facilities and work expectations will be made for individuals with limitations if the individual would be able to perform the job satisfactorily given appropriate accommodations. If an applicant requires special accommodations in order to complete the application/interview process, the applicant should contact Dr. Livesay, via email at lynettel@sbhservices.org



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DOCTORAL TRAINING FACULTY

Lynette Livesay, Psy.D. (she/her)

Dr. Lynette Livesay is the Chief Psychologist for the SB&H Doctoral Psychology Internship Program. She earned her Doctor of Psychology with a minor in Forensic Psychology from the Illinois School of Professional Psychology and completed her doctoral internship with the Federal Bureau of Prisons, Metropolitan Detention Center in Los Angeles, California. She earned a Bachelor's degree in Family Studies from Arizona State University and a Master's degree in Counseling from the University of Phoenix. Her postdoctoral hours towards licensure were completed at Southwest Behavioral & Health Services at the Crisis Recovery Unit. She has served as the Program Director for the Erickson Clinic in Phoenix, Arizona where she supervised doctoral practicum students, doctoral interns and postdoctoral residents. She worked as a psychologist for the Arizona Department of Corrections and Associate Director of Clinical Operations for Treatment Assessment Screening Center. She is an approved site visitor for the American Psychological Association Commission on Accreditation and has served as a mentor for the Association of Psychology Postdoctoral and Internship Centers. In 2016 she was nominated for the Phoenix Business Journal Healthcare Hero Award for Healthcare Education. Her professional interests are gender specific treatment, self-care/prevention of burnout, correctional psychology, and public health.

Leslie Montijo-Tai, Psy.D. (she/her)

Dr. Leslie Montijo-Tai is an Administrator of Clinical Education for SB&H and a licensed psychologist. She received her doctoral degree from The Arizona School of Professional Psychology at Argosy University. Dr. Montijo-Tai also holds a master's degree in clinical psychology from The Arizona School of Professional Psychology at Argosy University. She has previous experience working in forensic psychology, neuropsychological rehabilitation, community mental health and school-based settings with extensive experience working with children, adolescents, and families. She has further experience providing psychological evaluations for diagnostics of autism and for various government settings including veteran services, state disability services and child protective services. Dr. Montijo-Tai has worked in many integrated and multidisciplinary environments and service as a psychology consultant in medical hospital settings. She has provided clinical supervision to doctoral interns, practicum students, and master's level counselors and social workers.

Nessa Gulik, M.A., Psy.D. (she/her)

Dr. Nessa Gulik is an Administrator of Clinical Education for SB&H and a licensed psychologist. She earned her doctoral degree from Pepperdine University. Dr. Gulik also received her Master's degree in Clinical Psychology from California State University, Northridge and her Bachelor's degree from Indiana University, Bloomington. After working at a residential substance use program in Los Angeles for six years, Dr. Gulik focused her doctoral training on the conceptualization and treatment of trauma as it presents throughout the lifespan. She completed her internship and post-doctoral training at the Erickson outpatient clinic at SB&H. Her professional interests include psychological theory, program development, women's health, healing from trauma, substance use disorders, and multicultural factors.

William Marsh, Psy.D. (he/him)

Dr. William Marsh is a licensed psychologist, a primary supervisor for the SB&H doctoral training program and a Clinical Director at SB&H. Dr. Marsh earned his master's degree in clinical psychology at Edinboro University of Pennsylvania and completed an internship at Warren State Hospital. He then earned a doctorate degree in clinical psychology at the Arizona School of Professional Psychology. Dr. Marsh fulfilled an APA accredited doctoral internship at Southwest Behavioral and Health Services at an outpatient clinic. There he learned the value of providing member directed, outcome informed therapy which facilitated meaningful change within the member. He subsequently completed a post-doctoral fellowship developing a school-based clinical program for a self-contained special education school for children with emotional and behavioral disabilities. He has significant experience supervising and training doctoral students in clinical psychology programs in providing individual and group psychotherapy, conducting functional behavioral assessments and creating individualized



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intervention plans, consulting with general and special education teachers, as well as conducting psychological assessments. Clinical training and experience has involved individual, couple/family, and group psychotherapy with particular focus on play therapy and attachment work that integrated strengths-based and trauma-informed approaches. He is well-versed in person-centered, psychodynamic, experiential, family-systems and cognitive behavioral theories and interventions. Additional clinical training and experience in conducting social security and veteran disability evaluations has honed his diagnostic and conceptualizing skills. He has also had considerable clinical experience working with substance use, suicide, grief/loss, medical conditions (including TBI's), ADHD and behavioral disorders. He is trained to utilize the ADOS-2. Dr. Marsh values strong clinical training and has a passion for fostering positive interpersonal dynamics that assist others, whether they are peers, students, or members, to identify, support, and reach their goals and dreams.

Rielly Lawry, Ph.D. (she/her)

Dr. Rielly Lawry is a psychologist, a primary supervisor for the Doctoral Psychology Training Program at SB&H, and the Program Director for the Flagstaff Outpatient and Opiate Replacement Clinics. She received her doctorate in counseling psychology from Northern Arizona University in Flagstaff, AZ. She completed both her APA- accredited doctoral internship and post-doctoral training at the Flagstaff Outpatient and Opioid Replacement clinics of SB&H. Dr. Lawry has many years of experience working with members from diverse backgrounds in the rural area of Northern Arizona, maintaining an active caseload of children, adults, couples, and families and facilitating therapeutic and skills groups. Dr. Lawry has experience in conducting psychological assessments for diagnostic and eligibility evaluations along with various pre-surgical evaluations. She was recently trained in the ADOS-2, and is working on implementing procedures at the Flagstaff clinic in order to provide evaluations for diagnosing Autism Spectrum Disorder. Dr. Lawry is an instructor in the Educational Psychology department at Northern Arizona University, which provides an opportunity to stay up-to-date with research and current trends in the field, particularly in the areas of marriage and family therapy and psychological assessment. Dr. Lawry operates from a strengths-based perspective and believes that collaborating with members and fostering empowerment and self-determination are the most important aspects of working in a community-based mental health setting.

Kiernan Gilbert, Psy.D. (she/her)

Dr. Kiernan Gilbert is a licensed psychologist and a primary supervisor for the doctoral psychology/internship program with Southwest Behavioral & Health Services. She received her doctoral degree in clinical psychology from Midwestern University-Glendale. Dr. Gilbert completed her post-doctoral residency and her doctoral internship with Southwest Behavioral & Health Services. Dr. Gilbert has experience working with members in juvenile corrections, community mental health and alternative school placements. She currently works in the Erickson Outpatient school-based setting. She maintains an active caseload of members receiving individual, family, and group. Dr. Gilbert is interested in working with children and families.

Nicole Wolf, Ph.D. (she/her)

Dr. Nicole Wolf is a licensed psychologist and a primary supervisor for the SB&H Doctoral Psychology Internship Program. She earned her Ph.D. in Clinical Psychology at the University of Tennessee. She completed an APA-accredited Predoctoral internship at Allendale Association in Lake Villa, IL, and an APA-accredited Postdoctoral Residency at the Institute of Living in Hartford, CT. Dr. Wolf provides therapy and psychological assessment for children, adolescents, adults, and families at the Flagstaff Outpatient Clinic. She is specialized in Infant and Early Childhood Mental Health and Trauma-Informed Parent-Child Psychotherapy. Her interests include multicultural therapy, therapeutic assessment, play therapy, and trauma-informed care. She has supervised an intensive in-home program for families with young children, and has worked as the training director of two APA-accredited Psychology Internship programs in Minnesota, both embedded within nonprofit, community mental health outpatient centers; Hamm Clinic, specializing in adults, and Washburn Center for Children, specializing in work with children and families. She is passionate about supervision and mentorship, her work as a therapist with individuals and families, and learning and growing through new experiences and endeavors.



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Adelina Alkhatib, PsyD (she/her)

Dr. Adelina Alkhatib is a bilingual psychologist for SB&H with the Erickson Outpatient School-Based Program, and she currently supervises doctoral interns. She earned her Doctor of Psychology at Adler University with an emphasis in Child and Adolescent Psychology. Dr. Alkhatib earned a Bachelor's degree in Psychology with a minor in the Psychology of Crime & Justice at Loyola University Chicago. She has experience working in multidisciplinary teams including school systems, an inpatient hospital, and a child advocacy center. Her experience is primarily with children, adolescents, young adults, and families. Dr. Alkhatib has extensive experience working with Latino families and providing therapeutic services in Spanish. She completed her doctoral internship at Southwest Behavioral & Health Services in the school-based track. Dr. Alkhatib continued to earn her post-doctoral hours at SB&H. Her dissertation explored the impacts of childhood and adolescent bullying victimization in college females.

Michael Marshall, Psy.D. (he/him)

Dr. Michael Marshall is a licensed psychologist and primary supervisor for the SB&H Doctoral Psychology Internship Program. He received his doctorate in clinical psychology from Midwestern University- Downer's Grove. Dr. Marshall completed both his doctoral internship and post-doctoral residency at Southwest Behavioral & Health Services. Dr. Marshall has experience working in outpatient community mental health, inpatient, and residential settings. Dr. Marshall is currently working at the Buckeye Outpatient clinic, maintaining a caseload of members, facilitating a court ordered domestic violence group for perpetrators, and providing clinical supervision. Dr. Marshall has been trained in Ericksonian Hypnosis, and utilizes this modality with his members. Dr. Marshall's clinical interests include diversity, training, and nurturing the art in therapy.

Leah Phillips, Psy.D. (she/her)

Dr. Leah Phillips is a licensed psychologist and a primary supervisor for SB&H's Doctoral Psychology Internship Program. Dr. Phillips received an M.A. in Counseling Psychology from Argosy University, and an M.A. and Psy.D. in Clinical Psychology from Alliant International University/CSPP. Dr. Phillips' dissertation was a qualitative study, grounded theory research design, that focused on the development, maintenance, and evolution of resiliency over time in Adult Children of Alcoholics (ACoAs/ACAs). This focus was chosen in effort to fill in the research gaps in adult resiliency; as well as capture transgenerational patterns that impact the ACOA/ACA individuals reflected in more current research findings. Dr. Phillips moved from San Diego, CA to complete both her APA accredited doctoral internship and post-doctoral residency at SB&H. She then stayed on as a BHP Lead with the In-Home team, and now acts as the Clinical Psychologist for that program. Dr. Phillips has worked in the following settings: Community Mental Health (Children, Adolescents, TAY, "Former Foster" and "At Risk" Youth, and Adults), Outpatient, PHP, IOP, Inpatient, and Transitional Housing Placements. She has experience working with various age groups (ranging from 4-80+ years old), conducting psychological assessments, and providing individual, group, couples, and family counseling. Dr. Phillips is passionate about learning, teaching, and destigmatizing mental health. Her interests include working with substance use, dual diagnosis, individual therapy, and taking an informed eclectic approach.

Hydie Henson DiGiovanni (she/her)

Dr. Hydie Henson DiGiovanni is a licensed psychologist and a training supervisor for the Southwest Behavioral and Health Services Doctoral Psychology Internship Program. She is also the Program Coordinator at the Prescott Valley Outpatient ORS Clinic. Dr. DiGiovanni received her Doctorate in Clinical Psychology from the Chicago School of Professional Psychology. She completed her APA-accredited doctoral internship and post-doctoral residency with SB&H. Dr. DiGiovanni has a wide range of clinical experiences, including working with diverse populations in outpatient community mental health, high risk youth at the Arizona Department of Juvenile Corrections, and with United States Veterans through the Northern Arizona VA Healthcare System. She is passionate about her roles as a psychologist, program coordinator, and supervisor.



SOUTHWEST BEHAVIORAL & HEALTH SERVICES HEALTH SERVICE PSYCHOLOGY INTERNSHIP

Her goal is always to provide a safe space conducive to self-discovery and self-acceptance as a catalyst for healing and positive growth.

Diana Chaidez, Psy.D. (she/her)

Dr. Diana Chaidez is a bilingual licensed psychologist working as Lead Outpatient Therapist for Southwest Behavioral and Health Services (SB&H) through the Erickson Outpatient Clinic. Dr. Chaidez actively sees members for individual, family, and group therapy as well as provides supervision. She earned her doctoral degree from Adler University with an emphasis in Adlerian Theory. She obtained her bachelor's degree in psychology with a double minor in sociology and philosophy from Ohio University. Dr. Chaidez completed her doctoral internship and post-doctoral residency with SB&H. She has experience working in various settings including in-patient hospitals, outpatient clinics, and school-based settings. Dr. Chaidez's experience ranges over the lifespan, but has a clinical interest in working with children and adolescents. She has extensive experience working with Latino families and providing therapeutic services in Spanish. Her dissertation explored the impacts of Machismo on Latinas.

PAST PRESENTERS AND DIDACTIC TRAINING TOPICS

Steven Hayes, PhD	Empirical Process-Based Approaches to Case Conceptualization as an Alternative to the DSM
Jeffrey Zeig, PhD	Ericksonian Approach to Psychotherapy Personal Reflections on the Masters: Erickson, Frankl, Rogers, Satir, Beck, Whitaker and Minuchin
William Marsh, PsyD	Attachment and Trauma: Building Bonds with Congruent Communication Sand Tray Therapy
Lawrence Sideman, PhD, ABPP	Board of Psychologist Examiners
Tom Virden, PhD	Pain Management and Mental Health
Melissa Flint, PsyD	Grief Therapy
Greg Shrader, PhD	Under the Rainbow Umbrella
Bhupin Butaney, PhD	Group Therapy with Special Considerations for Telehealth
Leslie Montijo, PsyD	Bullying and Working with Children
Hydie DiGiovanni, PsyD	Opioid Replacement Services
Brad MacNeil, PhD	Working with Eating Disorders
Nessa Gulik, PsyD	Managing Your Caseload in Public Health
Adelina Alkhatib, PsyD	Treating Trauma in Children and Adolescents Using the ARC Model



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Michael Marshall, PsyD	An Introduction to Ericksonian Hypnosis
Leah Phillips, PsyD	The Five Love Languages
Samantha Mongold, PsyD	Theoretical Case Conceptualizations
Nessa Gulik, PsyD	Managing Your Caseload in a Public Health Setting
Kiernan Gilbert, PsyD	The Benefits of Physical Activity on Mental Health
Diana Chaidez, PsyD	Adlerian Theory and Positive Discipline Parenting
STUDENT PRESENTATIONS	
Jennifer Lobos and Carolina Lara-Lerma	Behavioral Health Services for American Indians & Alaska Natives
Jiayi Yu	Counseling Christian Members
Talia Davis and Mark Jenkins	Ecotherapy & Animal Assisted Therapy
Lydia McGaffee	Firefighter Mental Health & Culture
Ariana Habbestad and Eden Buchanan-Anderson	Introduction to Psychodynamic Therapy
Aman Kaur and Analiese Morales	Mental Health in South Asian and Latin Cultures
Heidi Lancaster and Lisa Gallagher	Self-Care and the Helping Professions
Marina Basta and Veronica Yamashita	Social Media & The Internet vs. Evidence Based Psychotherapy: Who Do We Believe? How Do We Integrate?
Sophia Nouri	Trauma Informed Care: The Basics and Beyond
Gilbert Castaneda and Sabrina Salinas	Visibility and Pride: A Training Seminar for Mental Health Professionals Working with Bisexual Veterans
Caitlin Ellis and Stephen Matthews	Adverse Childhood Experiences and Subsequent Trauma
Corey Hendricks	Mental Health in Old Age
Celestine Snell and Niharika Sanghavi	Bibliotherapy



**SOUTHWEST BEHAVIORAL & HEALTH SERVICES
HEALTH SERVICE PSYCHOLOGY INTERNSHIP**

Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated: 7/16/2024

Program Disclosures

<p>Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?</p>	<p>_____ Yes ___x___ No</p>
<p>If yes, provide website link (or content from brochure) where this specific information is presented:</p>	
<p>N/A</p>	



**SOUTHWEST BEHAVIORAL & HEALTH SERVICES
HEALTH SERVICE PSYCHOLOGY INTERNSHIP**

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on intern selection and practicum and academic preparation requirements:

Practicum experience in community mental health is highly preferred, though not required. Ideal applicants will indicate a strong desire to work in public behavioral health after licensure. Applicants must have a recovery-oriented, strength’s-based approach to member care.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	N	Y	Amount: 250
Total Direct Contact Assessment Hours	N	Y	Amount: 50

Describe any other required minimum criteria used to screen applicants:

A minimum of two practicum experiences is required.



**SOUTHWEST BEHAVIORAL & HEALTH SERVICES
HEALTH SERVICE PSYCHOLOGY INTERNSHIP**

Financial and Other Benefit Support for Upcoming Training Year*

Annual Stipend/Salary for Full-time Interns	35000	
Annual Stipend/Salary for Half-time Interns	n/a	
Program provides access to medical insurance for intern?	Yes	No
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes	No
Coverage of family member(s) available?	Yes	No
Coverage of legally married partner available?	Yes	No
Coverage of domestic partner available?	Yes	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	80	
Hours of Annual Paid Sick Leave	Included in PTO	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes	No
Other Benefits (please describe): Paid state and federal holidays, dental insurance, vision insurance, short term disability coverage, and pet insurance		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table



**SOUTHWEST BEHAVIORAL & HEALTH SERVICES
HEALTH SERVICE PSYCHOLOGY INTERNSHIP**

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2020-2023	
Total # of interns who were in the 3 cohorts	77	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	4	
	PD	EP
Academic teaching	n/a	4
Community mental health center	34	n/a
Consortium	5	n/a
University Counseling Center	2	n/a
Hospital/Medical Center	4	n/a
Veterans Affairs Health Care System	7	n/a
Psychiatric facility	1	n/a
Correctional facility	n/a	n/a
Health maintenance organization	n/a	n/a
School district/system	7	n/a
Independent practice setting	7	2
Other	n/a	n/a

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.