

TRANSITIONS

QUARTERLY NEWSLETTER OF
SOUTHWEST BEHAVIORAL & HEALTH SERVICES

Steven Sheets promoted to CEO of Southwest Behavioral & Health Services

Southwest Behavioral & Health Services (SB&H) announced that the Board of Directors has appointed Steven Sheets to the position of president and CEO.

“Steven has exceptional operational and leadership experience,” said SB&H Board of Directors Chairman Matt Hatfield. “Our success is largely based on his visionary leadership and ability to create a culture of service and trust. The Board was extremely thoughtful with this appointment and is confident that it’s the right time to transition the organization to its next generation of leadership.”

Sheets had served as the senior vice president of outpatient services, responsible for administrative and clinical oversight for Maricopa and Gila counties’ outpatient clinics.

“I am honored to lead this organization of professionals who are so dedicated to the health and well-being of our community,” said Sheets. “I will carry on the legacy of Jeff Jorde, who led this organization for so many years. I appreciate the Board’s confidence in me and the team here at SB&H.”



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Southwest Behavioral & Health Services promotes Michael Fett



SB&H announced that CFO Michael Fett has been promoted to Chief Administrative Officer.

In his new role, which includes his current role as Chief Financial Officer, Fett will be responsible for financial planning, managing the company's financial risks as well as setting company-wide administrative policy. Fett will report directly to the CEO and Board of Directors.

“Michael is a successful financial manager who knows how to help organizations position themselves for long-term success,” said Southwest Behavioral & Health Services President and CEO Steven Sheets. “Having someone of his caliber set the direction for our complex administrative functions will greatly improve organizational efficiencies.”

Fett has served as Southwest Behavioral & Health Services' CFO since 2002. Prior to his position at SB&H, Fett served as CFO for the Arizona Department of Health Services where he managed the Arizona Regional Behavioral Health Authority contracts.

Our Mission

We inspire people
to feel better and
reach their potential.
Through helping
people discover their
strengths,
we improve our
communities.



Southwest Behavioral & Health Services promotes Tiffany Zid

SB&H announced that Tiffany Zid has been promoted to Chief Compliance Officer. Zid most recently served SB&H as its Vice President of Compliance and Risk Management, a position she held since 2015. In her new role, Zid will be responsible for overseeing risk management, compliance, clinical records, utilization management/quality management, licensing and credentialing.

“Tiffany has a strong leadership presence, this is essential for success within her role of Chief Compliance Officer,” said Steven Sheets, Southwest Behavioral & Health Services President and CEO. “Tiffany is ready, able and willing to stand up and call attention to potential issues and able to counsel our team on the appropriate course of action. I admire her integrity and look forward to all she will bring to the role.”

During her tenure at SB&H, Zid also served from 2012 to 2015 as Vice President of Agave Health, Inc. where she managed the financial, clinical and operations for all agency programs located within 14 communities in the State of New Mexico. Zid is certified in healthcare compliance from the Health Care Compliance Association and is also a Licensed Professional Counselor with the Arizona Board of Behavioral Health Examiners.



Southwest Behavioral & Health Services appoints Chief Medical Officer

Michael Sweeney, MD has joined SB&H as its chief medical officer. Dr. Sweeney has over 30 years of behavioral health experience and will be responsible for the education and supervision of the medical staff, as well as ensuring that SB&H patients receive the highest standard of medical care.

“Michael is a proven behavioral health leader with a strong track record of success,” said Southwest Behavioral & Health Services CEO Steven Sheets. “He is highly regarded for his leadership and proven ability to assess and diagnose needs and plans of action for individuals and families. His vision and approach to care make him the right medical leader for the next chapter of SB&H’s history.”

Dr. Sweeney has served in a variety of administrative and clinical roles at the Psychiatric Annex of the Maricopa Medical Center, Alternative Behavioral Systems, ComCare and the Carl T. Hayden VA Medical Center. The recent appointment marks Dr. Sweeney’s return to SB&H as he served as medical director for Southwest Behavioral & Health Services from 2000 to 2009.



SEEKING SOLUTIONS
CREATING CHANGE

SB&H Receives Grant from the Substance Abuse and Mental Health Services Administration



SB&H has received a three-year, \$125,000/year grant from The Substance Abuse and Mental Health Services Administration (SAMHSA). The funds will be used to support the organization's mental health first aid training program in school and community-based settings throughout Arizona.

Mental Health First Aid (MHFA) is an 8-hour course that gives people the skills to help someone who may be developing a mental health problem or is experiencing a mental health crisis. The training program teaches individuals how to identify, understand, and respond to signs of mental illnesses and substance-use disorders. Just as CPR training helps individuals assist someone following a heart attack, Mental Health First Aid training helps individuals assist someone experiencing a mental health crisis, such as contemplating suicide. Trainees are taught how to apply a five-step strategy in a variety of situations, such as helping someone through a panic attack or assisting someone who has overdosed.

“The SAMHSA grant lets us bring a valuable resource to an audience that really needs it,” said Lynda Riford, Marketing Director at Southwest Behavioral & Health Services. “The Mental Health First Aid training helps take the fear and hesitation out of starting a conversation about mental health. It provides the necessary tools so individuals know how to listen, evaluate and act on any potential mental health crisis.”

Over the next three years, SB&H will provide MHFA training to individuals in school and community-based settings throughout Maricopa County. Offered at no cost, the training will be conducted by trainers certified through the National Council for Behavioral Health.

More information about Mental Health First Aid is available on the SB&H website at www.sbhservices.org. Individuals or groups in school and community-based settings that are interested in scheduling training are encouraged to contact Maddie Martinez at 602-733-2301 or via email at madelynem@sbhservices.org.





Transitions is published quarterly to keep the community informed about new developments at Southwest Behavioral & Health Services.

If you have suggestions for future newsletter topics or would like to be added to our email list, please contact:

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Interested in Being on the Board of Directors?

Are you, or is someone you know, interested in serving on the Board of Directors of Southwest Behavioral & Health Services and making a difference in the community?

Contact **Lynda Riford** at lyndar@sbhservices.org.