

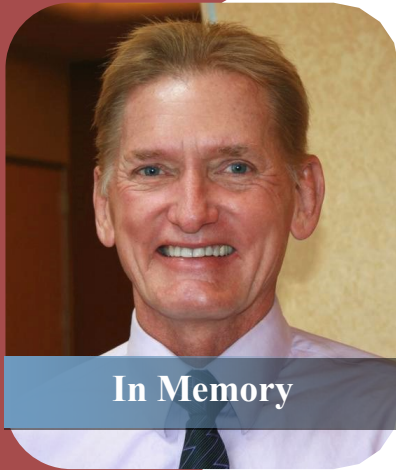


3450 N. 3rd Street  
Phoenix, Arizona 85012  
(602) 265-8338

# Transitions

A Quarterly Newsletter from Southwest Behavioral & Health Services

QUARTER II 2018



## In Memory

Jeff Jorde was a pillar of the behavioral health system in Arizona, and the consummate leader of Southwest Behavioral & Health Services as an agency. He served on multiple Boards of Directors, including Arizona Association of Behavioral Health Providers, Southwest Network and SIAS Foundation. He was involved in a multitude of collaborations with other providers, which helped to launch such initiatives as counseling services in schools, a new autism center and a prevention center in China. In 2009, Jeff globally expanded Southwest Behavioral & Health Services to SIAS International University in Zhengzhou, and was later elected president of the SIAS Foundation. He assisted in providing behavioral health services as well as the opportunity for students and faculty to work in the United States, many of whom still work for Southwest Behavioral & Health Services. Jeff was recently awarded an honorary degree of Doctor of Humanities Letters by SIAS International University.

Not only did Jeff touch the lives of the community members cared for by Southwest Behavioral & Health Services, he also touched the lives of countless individuals with whom he worked in the behavioral health community as well as the staff under his leadership. Staff throughout the agency describe Jeff as a compassionate leader who would remember people's names and specific personal details they had shared with him months earlier, and upon seeing them would greet them by name and ask about their general overall welfare, and often even ask about those specific details. His care and commitment was far-reaching and all-encompassing and was a model for all Southwest Behavioral & Health Services staff, demonstrating that no matter where one worked within the agency, everyone has a part to play in providing care and a hope for recovery to all we serve.

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Q U A R T E R   I I   2 0 1 8

***We inspire  
people to feel  
better and reach  
their potential.  
Through  
helping people  
discover their  
strengths,  
we improve our  
communities.***

## **SB&H MISSION**



Dr. Bob Bohanske has been named the 2018 recipient of the Karl F. Heiser APA Presidential Award for Advocacy.

Advocacy on behalf of psychology is a critical element in the growth and development of our discipline. To honor individuals who have been in the forefront of advocacy, Presidential Awards are

given each year at the APA Convention to some of those who have worked so hard and to whom we owe so much. The Award is named for Karl F. Heiser, the person who succeeded in having the first state statute defining psychology adopted. Nominations are sought that identify people in the states/provinces or APA Practice Divisions who should receive recognition for their work in advocacy.

The Karl F. Heiser Award honors those psychologists who have given voluntarily of their time to define the discipline of psychology statutorily by state and federal laws and regulations through advocacy. Such laws and regulations include, but are not limited to, licensure, freedom of choice, Medicare, Medicaid, Workers Compensation, disability determination, mandatory mental health/substance abuse coverage, civil commitment, hospital practice, prescriptive authority, child protection and elder protection, etc. Advocacy efforts that have stopped the passage of laws inimical to psychology may also be recognized.

*Reprinted from:* <http://www.apadivisions.org/division-31/awards/heiser.aspx?tab=1>



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SEEKING SOLUTIONS  
CREATING CHANGE



**AZ Big Media, May 2018—**  
A celebratory crowd filled the ballroom at Pointe Hilton Tapatio Cliffs Resort on May 10th to honor the finalists and winners of the 2018 Healthcare Leadership Awards.

*“While many issues and concerns and crises compete for the public’s attention, healthcare headlines are the ones that hit home the most because they are the ones that impact our wellness,”* said AZ Big Media Publisher Cheryl Green.

*“They are the ones that impact the well-being of those we love. That’s why more than half of all Arizonans say healthcare is their top concern in 2018. And that’s why the people we are honoring tonight are so special.”*

**Outstanding Achievement in Behavioral Health Management or Treatment:** Southwest Behavioral & Health Services. When Gov. Doug Ducey declared a health emergency over the number of people dying from opioid addiction, Southwest Behavioral & Health Services helped provide the framework for the governor’s executive order. SB&H is working tirelessly to stay abreast of the national trends to improve the outcomes for opioid addicts, to save lives and to help alleviate the opioid crisis through its four statewide opioid replacement clinics.

Reprinted from: <https://azbigmedia.com/winners-of-2018-healthcare-leadership-awards-are-honored/>



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CREATING CHANGE



Health  
CHOICE



RANKING  
The Best of Arizona Business  
ARIZONA

SB&H is proud to be a Gold-level recipient of the Healthy Arizona Worksites Program (HAWP) award, a public health initiative that has been developed through a partnership between Arizona Department of Health Services and Maricopa County Public Health.



HAWP recognizes businesses that are making efforts to positively affect the health and well-being of their employees, their families, and their community through evidence-based worksite health initiatives and promising programs.



The *Valley Healthiest Employer* honors the healthiest employers in the metropolitan Phoenix area.

Thanks to our comprehensive corporate wellness program, SB&H is proud to be included in Phoenix Business Journal's 2018 Healthiest Employers for Midsize Companies (500-1,499 employees) list.





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**What Recovery Means to Me**—One of the most rewarding and encouraging parts of recovery is identifying what you have gained over the course of treatment. Reflection in group serves to aid people in gaining perspective around better choices, healthier lifestyle and reconnection with family and friends. It also allows the people who have just begun their journey realize that recovery is possible no matter where you started.

Recently in a group activity, we asked participants what recovery means to each of them. Here are a few of their responses:

*“Recovery is and has been ‘a rebirth.’ A second chance. I have been able to follow through on going back to college and completing one year of school. In the past I had gone to college and would drop out half way through the first semester. I did this 3-4 times. I am now taking 9 credit hours per semester and am completing my second semester. I plan to get a Bachelor’s Degree now, I am not sure in what but I know that if I keep doing what I am doing I can do it. I was also able to prove to financial aid that I was going to stay in school and not drop out. I have also been able to get through things I cannot control and set boundaries with using family members and stick to it.”*

*“Recovery to me means not having to use illegal drugs to face life’s problems.”*

*“Recovery to me means I am involved with my family, I have their trust and I am no longer homeless.”*

*“Recovery means that I have relationships with my family now, I get to take care of my parents and my sister trusts me.”*

Knowing that people are successful in their recovery and are able to recognize it not only empowers the people we serve, but those who help to facilitate the process.



If you have suggestions for future newsletter topics or would like to be added to our email list, please contact:

Attention: Dong Liang  
3450 N. 3rd Street  
Phoenix, Arizona 85012  
Fax: (602) 351-6916  
E-mail: [dongli@sbhservices.org](mailto:dongli@sbhservices.org)  
[www.sbhservices.org](http://www.sbhservices.org)

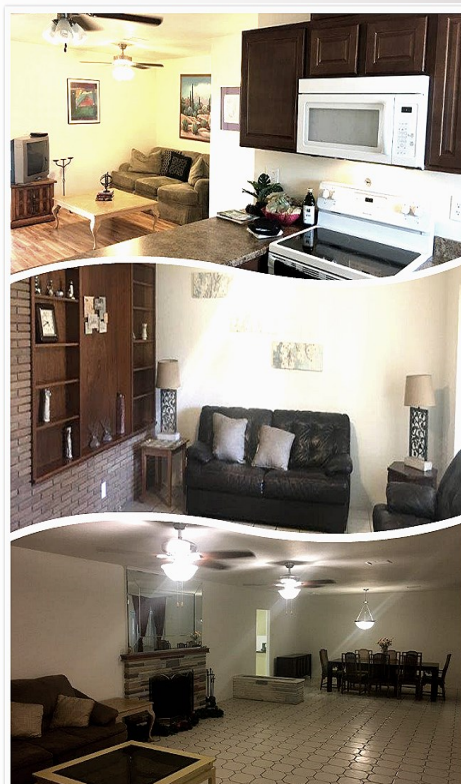
**Seeking Solutions, Creating Change**

## Our Mission

**We Inspire People to Feel Better  
And Reach Their Potential.  
Through Helping People  
Discover Their Strengths,  
We Improve Our Communities.**

*Transitions* is published quarterly to keep the community informed about new developments at Southwest Behavioral & Health Services.

Don't forget to "like" us on Facebook, follow us on Twitter and LinkedIn and view us on YouTube!



HOPWA announces four properties have been renovated to increase the housing quality standards and provide a healthier environment for the SB&H clients served.

Renovations included all improvements to best serve the residents and address any outstanding property concerns.

## Abby's Place

SBH's Thrift Store

Hours: 9:30 a.m. to 4:30 p.m.  
Monday-Friday

We gladly accept most items! To donate gently used items, bring them to the store or, to schedule a pick-up, call (602) 234-3338.

- Clothing
- Household Goods
- Home decorating items
- Jewelry
- Bedding

Ask about our amazing member discount!

**Bring in this coupon to receive 20% off your purchase in our store!**

5707 N. 7th Street • Phoenix • 85014

## Interested in Being on the Board of Directors?

Are you, or is someone you know, interested in serving on the Board of Directors of Southwest Behavioral & Health Services and making a difference in the community? Contact Lynda Riford at [lyndar@sbhservices.org](mailto:lyndar@sbhservices.org).